

## Dirty Cosmetics and Personal Care Products by Lisa Boucher

So every morning I put on my eyeliner and mascara (along with some other makeup) and don't think about what the effects may be. I know that there are chemicals involved but I guess I choose not to think about it. If I don't know it can't hurt me right?

Wrong! As I read an article on the Environmental Working Group website I find out that most cosmetics contain chemicals that are harmful. This I knew, however, I didn't realize that they were preservatives that turn into formaldehyde! What? This is crazy. Formaldehyde is used to preserve frogs for students to dissect in science class. That's just crazy.

As I read further, I find that most personal care products, such as shampoos and soaps, including those for children include cancer causing chemicals as well. It amazes me that our country is allowing these companies to poison our citizens. It's essentially the legal way of killing off the weaker, less informed. Who in their right mind would allow these companies to use these harmful chemicals not only on adults but also on children?

I knew that I no longer wanted to use chemicals and drugs to heal myself and clean my house when I was introduced to Young Living. I'm also thankful that Gary Young and his staff have also gone the extra mile to provide us with clean and safe personal care products not only for myself but for my family and pets. This includes shampoos, soaps, lotions, toothpaste, and more!

It's time we open our eyes as a society and begin to protest being treated this way. Once we stop buying these products that are killing us they will have to stop producing them. It's time we take our health back!