

No one likes getting older, especially woman. Society has made us think that looking your age is a bad thing. With all these injections, creams, salves and procedures out, everyone is starting to look fake. God made us all the way he wanted us to be. Messing with Nature has its consequences!

The two procedures that seem to be popular with my acquaintances are Botox and Restylane. After doing this research, I am wondering if they did theirs! Do they realize what they are actually putting in their bodies?

Botox is a bacterial toxin that prevents nerves from functioning normally. It is a neurotoxin. Botox prevents nerves from releasing the chemical acetylcholine, which is essential for the nerves to communicate with muscles. Therefore the muscle becomes paralyzed. But does it stop there? NO! Our skin is the largest organ and it absorbs everything. Injecting a deadly substance into the body does not stay in the injection site, although the medical and pharmaceutical community says it does. Botox weakens muscles in areas away from the injection site. Our heart, isn't that a muscle? We have circulatory systems and lymphatic systems designed to move things around. What about our brain? I bet it goes there. According to the National Institute of Health Botox degrades bones. The kidneys and liver have to filter this toxin out too. In all the websites about Botox I learned, that long term effects of Botox are unknown, it is the most lethal poison known to man, and it inhibits the release of vital brain chemicals. Also, there were warnings, cautions, and telling of side effects. If this is safe to use on kids and adults why are there warnings?

Restylane, according to drugs.com, "is a gel of hyaluronic acid generated by Streptococcus. It is produced biotechnologically by natural fermentation in a sterile environment". After reading that, I thought to myself who would want that? A gel injected in my body that was made by man, in a lab, generated by Streptococcus....no thanks! Drugs.com also said "Upon being injected beneath the skin's surface, Restylane gel integrates into dermal tissue then attracts and binds to water molecules to help maintain volume. Restylane is gradually degraded by the body's own mechanism and disappears without any residue". If this product is absorbed into the body without any residue, then why have people had problems? Arterial embolisms, anaphylactic shocks, necrosis, and vascular accidents, just to name a few.

We are messing with our bodies that are supposed to be treated like temples. The "crows feet", smile lines, forehead lines, and lip wrinkles are signs that you have lived and loved. There are many holistic options for products, and ways to live out there. Young Living has amazing products for health and wellness. The ART facial products are incredible! Other options are mesotherapy and hypnotherapy.

Do not let society allow you to think you are not beautiful the way you are. Do not let vanity win. Think common sense.