

PESTICIDES

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Many people are aware of the negative impact of chemical pesticides on human health, but most are unaware of an underlying problem. These chemicals are all around us; in our food, water, the air we breathe and in our soil. In short they don't stay where they're sprayed. Just as drugs have unwanted and usually unpredictable side effects, pesticides do too. Hundreds of different chemicals have been used over the years and new ones are constantly being developed because eventually pests become resistant to the pesticides, which is a problem all of its own.

When pesticides are sprayed, especially in large amounts they first pollute the air. You can guarantee you are breathing in some of the chemicals being sprayed from a crop duster a few miles away due to wind and other factors. Once the plants are covered with these toxins they absorb some, which ends up in our food either directly as is the case with much of the produce consumed or indirectly through feed which ends up in our animals and down the road in us. The rest of the residue evaporates back into the air and is washed off by rain into the soil and ground water. Once the pesticides get to the soil they begin to do a variety of negative things that throw off the balance of nature. Some of the chemicals kill microorganism that are literally the life of the soil. Some can actually increase growth of some of the organisms, which then causes others to get crowded out and throw off the balance in the soil. This leads to nutritional imbalances that affect plants in a variety of ways. Other chemicals kill beneficial insects and worms that protect plants, clean, aerate and fertilize soil. People have no idea the amount of life right under our feet. Most people see soil as a lifeless substance when in reality it is full of life, life that is crucial to plant life and in turn our lives! Without these microorganisms doing their job or if they aren't in balance plants cannot grow and produce food to their full potential. The end result is poor quality produce lacking the nutrients that we need as well as polluting our bodies with toxic chemicals. After pesticides are used for a few seasons soil becomes dead and plants don't grow well. To correct this many farmers use synthetic fertilizers that further pollute the soil and ground water. This is not only costly to the environment, but to the farmer as well.

Nature works in cycles and harmful farming methods like the use of chemical pesticides disrupts these cycles. One walk through the woods will show you what a wonderful job Mother Nature does without any help from us. We need to learn to work with nature, not against her. One way Young Living can help us do this is by using DiGize

to digest these chemicals in the ground and return it to organic, living soil. From here we can reintroduce organisms and fertilize by using manure and compost just as land is fertilized in the wild. If we assist Mother Nature she will reward us handsomely. If we try to fight her we will only destroy ourselves in the end.